

Project's Primary Objective	 Educate new users on how to use intermittent cathaterization in their daily lives. Create a resource that makes people feel comfortable with cathaterization and makes them feel less alone.
Points that must be included.	 How to use a catheter: for men and women. Partner resources Encouragement to contact us directly with any questions.
Main Call to Action	Explore online resources and get educated.Call us with any questions.
SEO	 Catheter Catheterization Intermittent catheterization How to use a catheter How to use a catheter woman How to use a catheter men Easy catheterization Pain-free catheterization Should I be bleeding when I insert a catheter?